

A close-up photograph of a dark blue rose, possibly a 'Sapphire Rose' variety, set against a black background. The rose is in full bloom, showing many layers of petals. The text 'SAPPHIRE ROSE' is overlaid in white, serif, all-caps font. Below it, the title 'Womb Keepers Manual' is written in a white, serif font. Further down, three white dots are centered, and at the bottom, the page number '- 2 -' is displayed in a white, serif font.

SAPPHIRE
ROSE

Womb Keepers Manual

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THE SAPPHIRE ROSE

The Sapphire Rose contains a potent essence of healing properties that are rich with Star light and crystalline liquid frequencies. The Rose is a keeper of the galactic ray and deeply resonates with empaths, starseeds and those who bring forth the light of oneness. This galactic Rose comes to assist in these times of ascension, great change and cosmic alignment. The Sapphire Rose is a Lemurian Star Seed ray and over lighted by Sirius and the Melchizedek consciousness. This consciousness came to Earth in the times of Lemura, Atlantis and Golden Egypt. The Rose has a deep inter-relationship and affinity with the Myan lineage that is rising within our hearts and within the mountains, waters and lakes of the Andes and South America.

There is an ancient connection and kinship with the Blue Lotus whose flowers grow up from the waters and opens to the warm golden sunlight. The Medicine and power of this queen flower is contained within the alchemy of its ratio of water and sunlight, male female and its nectar of Union. Originally the Blue Lotus flourished along the river Nile sharing its high tantric teachings with the indigenous African Magdalene Rose Keepers.

The essence of the Rose guides and connects us to the sacred waters within as the origin of our oceanic patterns and foundation. The celestial

nature of the lineage symbiotically awakens the waters and weaves star healing properties into the DNA.

The Rose is a sacred giver of life. In working with its teachings a new found love and recognition of Self as Sacred, can be attained. The codes directly transmit into the subtle liquid formation of our blueprint, gifting new levels of consciousness that open and soften the vibratory state within DNA structure. Activating the 12 strands within the DNA to Heighten true levels of perception, sensation and ecstatic union of the body and soul.

The Rose reminds us of the innate beauty within and without by softly awakening the light codes in our blood. It utilises the medium of the waters to bring us back to the source of life. Restoring new levels of clarity, vision, healing and divine remembrance.

As we integrate and renew our experiences from within we can begin to fully embrace heaven on earth. Once again experiencing Mother Earth as a beautiful blue and green planet. Lush with life / Mana and energising rivers, springs, oceans and lakes.

The Red and Sapphire Rose are calling you deeper into your souls blossoming. Do you hear their call?



SACRED

Water Mysteries

The mysteries of water hold the primordial codes of life and the properties, memories and frequencies of the source of creation, our origin. The source of all that arises from the life-giving body of the Goddess. Water, in essence, is the crystalline liquid of the cosmic womb of the Divine Mother. Containing the seed of the original blueprint in spiritual and physical form. Sweet water contains living nutrients probiotic and minerals that support our physical bodies.

The waters contain the innate innocence of our connectivity and oneness. As a teacher she is the keeper of the principles of unconditional love, interconnectability, unity, forgiveness and wholehearted surrender. We are made up of water at a molecular and spiritual level. Our divine blueprint as holy human beings is oceanic in nature. Our bodies respond to water in profound ways. The harmonics within our energetic and molecular structure shift, change and transform when we are in contact with water. When the human body immerses in the water it brings a peace into the nervous system (if you feel at ease). The skin, the largest organ of the body, absorbs the crystalline light and minerals from the water and then distributes it within the body. It is said that the heart rate slows and becomes more peaceful and that we release more red blood cells.

Mary Magdalene is a Womb Priestess and keeper of sacred Rose Medicine. She was adept at working with the Red Rose, the plants, the waters, oils and minerals. The Magdalene shares feminine lores that are rooted in the water and blood mysteries. These High teachings are an integration of Gaia's wisdom and alchemical soul tantra. Mary Magdalene is a teacher within the Sapphire Blue Rose order, bringing through the encoded intelligence and wisdom of the Stars. She is seen with the Alabaster jar that represents her sacred Magdalene Womb. The sacred fluids she has mastered and that she creates heal, regenerate and awaken the soul light in the womb blood and in turn the body of light.

John the Baptist

John the Baptist features prominently in the times of Mary Magdalene and Jeshua. He was their guardian and the spiritual guardian of waters. John the Baptist was the cousin of Jeshua and son of Mother Mary's Sister, Elizabeth. He was a water Avatar and a Merman. He inherited his mastery from ancient Sumeria through the lineage of the Priestess of Nammu.

Baptism is the holy act of reconnecting to the cosmic womb, to birth and rebirth through the sacred waters of the feminine womb. John played an important element in grounding the **Way of Love** and Christ consciousness through his role as a Rose Water Keeper. He was kinsman to both Mary Magdalene and Jeshua and had a powerful baptismal mystery school during their era. The school was located at the banks of the Jordan river, East Jerico. He baptised both Magdalene and Jeshua through the rites of the Holy waters of life. Some say that Mary Magdalene witnessed the baptism of Jeshua and recognised him at this moment. John the Baptist did full immersion baptisms that reenacted the birth process. He used the scallops shell as a water carrier which is symbolic of the vulva and yoni. He had an important connection to Mary Magdalene and to the holy family's Women line. This included Elizabeth, his Mother and his aunt Mother Mary. In fact his first baptism was in the womb during his first few months by Mother Mary, the Star of the Ocean.

Image - Parmigianino - Virgin and Child with St. John the Baptist and Mary



“Holy water empowers and protects us.

Holy water is a vehicle for the Light and Power of Goddess.

Water touches us with divine light, love and joy.

It restores whatever it touches to its original holy purity.

In all these ways it becomes a guardian for whoever awakens to it.”



THE BLOOD LEGACY

Mary Magdalene was a symbol and manifestation of the Red Rose. She wore robes and gowns of red, scarlet and ruby, the colour signifying power, sovereignty and high Initiate of tantric knowledge. It is associated with mystery schools, of Blood and signify an Ordained Moon Queen Serpent Priestess and Magdalene. When we speak of blood we speak of Womb Blood, the blood of the soul. Those who were Magdalene Initiates of Isis were the keepers of the deep gnosis and mysteries of the fountain of Life and held within them the keys to the holy grail and the truth of Love, Wisdom and Power.

The blood rites and mysteries are a ritual ceremonial practice and way of life that honours, revere and celebrates the primordial magic and essence within the Feminine.

Womb Blood

The menstrual blood is the physical manifestation of our personal and universal life-force unified.

The menstrual blood contains rich, fertilizing and nourishing stem cells, mineral dense fluids and proteins. Stems cells have the potential to create new life and to regenerate the body. They have been designed to hold living liquid crystalline light.

Stems cells are also referred to as the cells of immortality containing within them the codes of creation and of longevity. Stems cells are potent and rich with divine and biological intelligence. Their power is symbolic of the divine feminine principles of Love, healing and devotion. They move towards imbalance within the body.

Mary Magdalene

‘Your Star Blood
is the crystalline
essence within the
Womb Blood.’

“Devotion to the Precious Blood is the devotion of our time . . . It is a devotion for all souls, for the whole world.” ~Pope John XXIII”

SACRED RED SACRAMENT

Stems cells synchronise with imbalance in the body. They can miraculously heal, repair and renew damaged tissues, organs and within the subtle anatomy.

They are said to even reverse the effects of aging and other configurations that do not support the body being alive and vital. Menstrual Stems cells are multipotent progenitor cells. This means that they can transform into “almost any kind of cell within the body as needed”. They are primordial intenfence Mother cells. Womb awakening.

It is truly fascinating to remember that we begin our lives as one single cell. This single cell contains within it the full potentiality of Life. We begin as a fertilized egg that has the magic to double, then triple and to create a whole Human Body that contains our soul.

Each month the female womb creates the infrastructure for the placenta and if the womb becomes fertilised the flow of blood stops. creating life that is then supported by that very womb blood that normally flows each month.

The Womb stems cells origin are within the womb and therefore they hold the sacred Grail frequency of unity, union and sacred marriage.

Women each month shed blood that contains thousands of these magical and conscious stem cells. This gives us the insight into the super consciousness and capacities we have and hold within our sacred body temples. The capacity to flourish as immortale, vital and self sustaining sovereign daughters of creation.

Life is miraculous. Our understanding of the cycles of the female body, menstrual blood and sacred fluids contain within their flow, the magic of life!

‘Gnostic Christians used to call their religion Syneisaktism — another word for agape — which means The Way of Shaktism, referring to tantric yoni-worship.

One of the most important rituals was preparing a drink of immortality made from menstrual blood, which is full of healing stem cells, which can actually activate our cellular capacity to regenerate and transport us to endocrine states of rapture. Or in a spiritual sense, open us up to the cosmic consciousness of heaven or paradise.

SPIRITUAL ESSENCE OF WOMB BLOOD

This love feast or sacred marriage — a core part of the menstrual mysteries — was eventually declared a heresy and women were barred from participating in Christian rites.

However, the power of rebirth and resurrection previously associated with the menstrual blood of the Divine Mother was transferred to the story of Jesus and his ritual of Eucharist — *hic est sanguis meus* — this is the chalice of my blood — where worshipers drank his blood to gain the power of rebirth.

In most ancient myths and religions throughout the world, dating back hundreds of thousands of years, the power of rebirth had always been a blessing of the feminine womb, embodied and gifted by sacred womb priestesses across many cultures. It had never been held by a man, although there are many legends about the menstrual powers of female shamans being stolen by male gods.

The Holy Grail, in its true original essence, is the womb

Women born many, many thousands of years ago in what we might call Original Innocence, before many of our genetic capabilities went offline, held this power naturally, as a birthright, shared with their tribes in renewal rituals.

Since those times, once the birthright was lost, women across many lineages and cultures — womb priestesses — have practiced many varied ways to heal, clear and open the womb, so it can once again embody the frequency of love, of original creative power, so that the energetic and physical stem cell capacity can acti-

vate purer states of consciousness and activate incredible regenerative healing’.

‘Word by Seren Bertrand’

This knowledge has been almost lost over the last thousand years, as it has been fragmented, scattered and deliberately destroyed. Now it is desiring to return, to renew our lands as the myths go.

There is a prophecy that states “ when a critical mass of women bleed upon the earth, war will cease.’ The shedding of blood through war, pain and suffering will no longer have the foundations to exist upon our planet. Bringing the blood back to the Womb Priestess in service to All. As each woman bleeds upon the earth she releases her DNA (Sophia Consciousness) upon the lands which simultaneously reconnects her body back into the unity grid, into Gaia and into the elements.

Her sacred offering is essentially a sacred communion, sacrament and holy confirmation that Sohia has Returned. This is a beautiful reclamation of our Blood light and our birthright. The female body was created in the perfect image of the Divine Mother and her cycles, rhythms and blood are to be remembered, reclaimed and sensually embodied.



SAPPHIRE

ROSE GLYPH

BLOOD OF LIGHT

The Sapphire Rose Glyph holds the Star wisdom teachings of transformation within the crystalline light of the. The Essence of the Glyph is its direct transmission of star knowledge that is contained within the waters and the fluids of the female body.

The Glyph comes through the order of the Blue Rose and will guide you deeper into the Grail mysteries, of soul blood and immaculate conception. And it's role in the creation cycle of birth, life and regeneration. The Glyph will act as an awaker of perception so as to prepare the body for the Light activation of the Violette Rose Temple.

The Glyph is to be used with a soft presence to harness its ancient and new powers and gifts of the Star nations.

Visca Pisces

The symbolic meaning of the Vesica Piscis represents balance and creation. The perfect presence of the masculine and feminine energies and their innate capacity to unite, weave and to create.

The meaning from a few traditions-

The union of heaven and earth in the body of Christ (Christian)

The root element of the Flower of Life (Judaism)

The vagina of the 'Cosmic Mother,' Goddess Maat (Egypt)

Merging of God and Goddess (Celts/Norse)



THE INFINITY SYMBOL

There was a time when knowledge of the power of symbols were for initiates only and it was passed on in secret. The infinity sign, or lemniscate, is one such powerful symbol that contains the deep presence of tantric lore, unity and Love.

The infinity symbol represents the immeasurable and the boundless existence of life, it transmits harmony and balance through the masculine and feminine elements uniting. The centre, the point in which they meet, is the place of UNION or the sacred marriage. The healing portal and opening, where all is possible and fertile.

We can liken it to the breathing cycle- Inhale-Still-point in the centre and exhal.

This central point is the place where the two flowing circles come into stillness and into the pure spirit..

The Golden Eggptions, India and Greece-

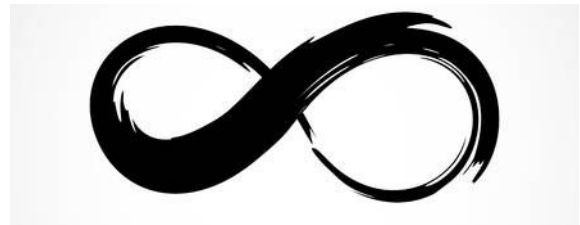
The band across the forehead of Egyptian pharaohs bore the image of a snake in the shape of a figure eight. It was also the number of Thoth, the Egyptian god of the Laws and of wisdom and magic. In Indian cultures, we see the infinity symbol in depictions of

Kundalini energy and in the staffs carried by Hermes and Asclepius.

The Power Of Resurrection And Regeneration

From a spiritual perspective, eight is the number of the initiate – those who have transcended the seven stages of awakening and passed through the seven heavens. Eight is the number linked with the power of resurrection and regeneration, symbolizing happiness and paradise regained.

Finally, the symbol contains the wisdom of the sacred trinity and the holy triple Goddess which is intricately encoded in the Sapphire Rose Glyph.





Red Rose
Path

SAPPHIRE ROSE GLYPH

AVALONS

WATERS

The waters of Avalon/Glastonbury flow forth with the red and white waters of the Gods and Goddess. The two well-known sacred water sources in Glastonbury have become synonymous with Avalon and much of the lore that flows across the landscape. Avalon, the Otherworld, the Summerlands, the place beyond the mist holds with in it the deep mysteries of blood, bone and the unconscious.

The White Well and Chalice Well are both popular sacred water sources where I share the Avalon Rose Pilgrimages.

Within Celtic and Witchcraft lore we often see a recurring color theme of red white and black; often having specific meaning for each coven, path and group. Some work with it through ancestral correspondences, others see these colors representative of land, sea and sky.

It is also reflected in Avalonian traditions in the apple, the Red and White Well, Merlin's red and white dragons and in Brythonic folklore animals of the Otherworld are often seen as white with red eyes and red tipped ears and others are often seen as just black. In Scotland they use threads in black white and red coloring to create healing charms and rites.

And many modern witches of pagans used these colors in their ritual cords, it is because these are well known colors from the Otherworld.

Once a woman who works at Chalice Wells told me of her personal experience. "She was alone and locking up the gardens at the end of the day. She heard a woman's voice powerful and enchanting. The sounds were otherworldly but fully embodied. She walked towards the singing voice but there was nobody to be seen. The voice was coming from within the sacred Blood well. It was a song of the priestess calling from the ancient lands of Avalonia. Her voice was like nectar infusing the whole garden with the wisdom and love of Sophia.



BLOOD *WATER*

The Red Well, also known as the Chalice well, flows from the base of the Tor and into a beautiful flower covered garden, guarded by two majestic Yew trees. Wherever the water runs, it leaves an Iron rich red stain reminiscent of the women's mysteries, blood and the cycles of womanhood. If you stay still long enough and listen you can hear the lady of Avalon (The white lady) walking through the gardens, and she reveals herself to those that need to believe, that need to hear her message. The red of the well is mirrored in the red of the skin of the apple, the apple trees that reside at the base of the Tor.

The Red Well is decorated with the Vesica Pisces, a symbol of femininity, and now a symbol of Avalon. The well is said by the Christians to hold the "Holy Grail" Maybe! However, perhaps it holds a deeper secret, the secret of the divine feminine, the strength of the woman, and her mysteries.

The Chalice well has so much history, both Christian and Pagan in nature. It is called the Chalice well due to the mythology of the Holy Grail being hidden in its depths. Though it has never been found, the Chalice well has become a place of healing and of transformation. The waters which originate a few miles away bubble up in this sacred Glastonbury landscape. The

waters flow red, rich with iron deposits and speak of the womb, the goddess, and birth. No wonder the sign of the Vesica Pisces has been placed on the well cover. It is a sacred symbol, which is associated with the Flower of Life and other Sacred Geometric formations. Strangely, the Chalice Well flows just feet from the White Well, bringing another curious mystery to the Avalonian Waters. These waters flow in both the mundane and Otherworld landscapes.

This act of the blood running and flowing to re-energise is also to be found in modern day Glastonbury. When the Chalice Well Gardens were remodelled it was not by accident that the large open area that holds the "Vesica Pisces" pool is fed by a waterfall that flows into a series of connected bowls that are placed in a carefully constructed way to allow the re-energising of the water, which by the way, let us remember flows and stains its surroundings blood red with its deposits.

It was always known as "The Blood Spring" and it was widely believed that Saint Joseph of Arimathea hid the Holy Grail here in the days before his death. It is very common for visitors to deposit their crystals in this miraculous pool to, indeed, re-energise them for future use.

SACRED AMRITA

OUR INNER WATERS

I would like to share a little insight into one elements of our sacred waters within our body temples. We will explore this more deeply and experientially during our years path.

Amrita is the female nectar and it is a sacred fluid that flows through the urethra when activated through black pearl G/spot rhythm stimulation. During the stillumination the water builds up and flows/releases during the climax point. Like womb blood it contains the seeds of life's essence, sensual pleasure and it is our birthright to experience the sacred nectar of our body temple.

The white spring of Avalon is a symbol of the masculine fluids but also of the sacred Amrita female fluid. Mary Magdalene as a High Tantric Priestess was trained in the art and mastery of the sacred fluids and conjuring the sacred fluids were a part of ceremony, creating elixirs and seeding intentions into the land.

In ancient times past, during the beltane fires partners would make love upon the land and the amrita and waters from the male and female union were a gift to the lands.

Amrita fluid is a rich and nourishing sensual fluid that transforms the body of light and holds within components such as PSA prostate specific antigen, petines and over 700 proteins. These elements are not found in any other fluids within the female body apart from sharing some qualities within moon blood.

Mary Magdalene and the Priestesses of Isis cultivate Amrita through the soul Tantric practice of the 7 gateways to heaven. In short, this is the art and mastery of building the divine nectar droplets of celestial rose and bringing it down the 7 gateways of heaven within the female body. We will go deeper into these practices and teachings during our rose keepers year path.

Inanna

“My vulva, the horn,
The Boat of Heaven,

Is full of eagerness like

the young moon.

My untilled land lies fallow.”

Translated by Diane Wolkstein

VISION QUEST

1. Weekly create space at your altar. Be still and tune into the Essence of Mary Magdalene. Merge with her and after write you experience.
 2. If you have begun a yoni oracle journal continue. If not then begin this is profound.
 3. Continue to Moon Map notice your bleeding phase, Red or White. If you are not bleeding can you sense and feel into your cycle?
 4. Ensure that you have created or purchased a medicine bag or have a sacred piece of cloth you can wrap your talisman objects in. We will need our bags for September 20th, (Violette Temple).
 5. Use the infinity symbol during and after the ancestral healing meditation..
 6. Bring the Sapphire Rose Glyph into personal healings throughout this lunation.
 7. Have you felt any soul memories recall during your journey as far?
 8. When you tune into your heart how does John the Baptist feel or come to you?
- Please document all you experience and share in the Rose Portal.



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