



ROSARY MYSTERY PRACTICE

THE ROSARY

Ritual

Praying the Rosary beads is about the interconnected nature of the womb, heart and mind to the sacred divinity within . The purpose of the Rosary is to awaken the profound relationship we have to the Divine and to the Lord and Lady, Christ- Sophia consciousness. The Rosary has a path of exploring, contemplating and reflecting a mystery or the mysteries. To begin the Rosary, it is important to activate the intention to awaken the Life-force within the bead which represents the awakening of the light within. There are many ways to pray the Rosary in that you can follow the mysteries provided in the classic catholic lineage or you can explore more ancient or new wisdom teachings that activate this love between your prayers, faith and the great Rose Spirit.

As mentioned in the Womb manual the traditional catholic rosary prayer is about becoming one with our Lady , Mother Mary through ceremonial ritual to connect with Jesus Christ. However, it is said that the teachings would have been greatly altered since the time of Mary Magdalene and Mother Mary, Initiates of the Rose. This way was called the tradition of the Rose Pearl which includes the traditional embodiment of the Virgin Mary meeting Christ but also it includes the mysteries of the Goddess expressed through Mary Magdalene and Isis/Auset.

It is important to begin your practice when you are inspired and open to its graces specific to your personal quest, perhaps beyond the template of the traditional catholic way. The rosary is gentle and individually we can open to our personal rhythms and connection to spiritual practice. I suggest reading the material and then contemplate, perhaps 1 mystery or the prayers such as Our Father or the Hail Mary of Grace prayer. Before and after set your intention and then contemplate, completing by coming into stillness and visualising a brilliant white opalescence light around you. This will seal your practice and all for integration. Invite Mary Magdalene, , Mother Mary and Mary Auset to guide you with their unconditional love and protection.

Build your practice up over time gently and over time you will begin to feel, perceive and embody your loving communion with the rosary and the beautiful journey it takes you on. You can buy little books that have the scriptures, specific prayers and the Mysteries that also include meditations, visualisations and the meaning of the mysteries.

I Am sharing with you a traditional template as the basic teaching and then you can receive and explore this magical and powerful spiritual tool.

Our Lady's Rosary of the Seven Rays

Our Lady's Rosary of the Seven Rays is an esoteric prayer practice based on the Franciscan Crown Rosary. This Rosary consists of seven decades of Ave Marias, which celebrate the Seven Joys of Mary: the Annunciation, the Visitation, the Nativity, the Adoration of the Magi, the Finding of Jesus in the Temple, the Resurrection, and the Assumption and Coronation of Our Lady. The seven decades are prayed once, with additional preparatory and final prayers.



Our Father Prayer, translated from first century Aramaic

Oh Though, from whom the breath of life comes,

Who fills all realms of sound, light and vibration.

May your light be experienced in my uttermost holiest.

Our Heavenly domain approaches.

Let Your will come true-in the universe (all that vibrates) just
as on earth (that is material and dense).

Give us wisdom (understanding, assistance) for our daily need,

Detach the fetters of fault that build us, (Karma) like we let go
the guilt of others.

Let us not be lost in the superficial things but let us be freed
from that Which keeps us off our true purpose.

From You came the all-working will, the lively strength to act,
the song that beautifies all and renews itself from age to age.

Amen which translate to Sealed in trust, faith and truth. (I con-
firm with my entire being.)

Our Lady's Rosary of the Seven Rays

Preparatory Prayers (pray on the cross)

Invocation

In the name of the - Father and of the Son and of the Holy Ghost. Amen.

Act of Faith

We believe that God is Love and Power and Truth and Light; that perfect justice rules the world; that all His sons shall one day reach His feet, however far they stray. We hold the Fatherhood of God, the Brotherhood of man; we know that we do serve Him best when best we serve our brother man. So shall His blessing rest on us and peace for evermore. Amen.

The Rosary (on beads, proceeding clockwise around the rosary)

Our Father (on large bead) See page 4 for my preferred version of this prayer.

Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven. Give us this day our daily bread: and forgive us our trespasses, as we forgive those that trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, the power and the glory, for ever and ever. Amen.

Ave Maria (3 times, one on each bead)

Hail Mary, full of grace; the Lord is with thee: blessed art thou among women, and blessed is the fruit of thy womb. Amen. (3 times as a preparation, for Faith, Hope and Love; then 10 times for each mystery; see below)

Gloria Patri (on the chain before the next Our Father bead)

Glory be to the Father and to the Son and to the Holy Ghost; as it was in the beginning, is now and ever shall be, world without end. Amen.

Ave Maria song (also on the chain before the next Our Father bead)

Ave, ave, ave Maria, Ave, ave, ave Maria.

The Mysteries

First Joyous Mystery: THE ANNUNCIATION

Meditation: In the Presence of the Blessed Sacrament, we remember that spiritual awakening and quickening is

helped if we call on the Saints, the Holy Ones, and on Him who gave us the Sacraments to help us in the gradual awakening of our Christ within.

Prayer: O Lord, may it be Thy will that like our Lady Mary we also may, by perfect love and merging our wills with Thine, attain Wisdom, the Secrets of the Kingdom of Heaven which conceive in the human spirit the everlasting Son. Amen.

Then pray the Our Father, the Ave Maria 10 times, the Gloria Patri, and the Ave Maria song. Repeat this set of prayers for every mystery.

Second Joyous Mystery: THE VISITATION Meditation: Remember that after receiving Holy Communion, we too carry the Sacramental Christ within us; we carry Him to others whose inner selves will leap with joy at the approaching Son.

Prayer: O Lady of Light, we ask thee to help us to see the needs of those we meet, that whatever it is we do may benefit all evolution, through the divine power of the Christ within, our hope of glory. Amen.

Third Joyous Mystery: THE NATIVITY

Meditation: Just as there is Christ in Heaven so there is the Christ within. As our Holy Mother gave birth to Christ Jesus, so must we give birth to Christ in our selves, our thought, word and deed.

Prayer: Our Heavenly Mother, teach us to feel the joy of evolution as the Christ is born in our hearts and lead us to the Holy Altar where our infant spiritual lives are sustained. Amen.

Fourth Joyous Mystery: THE EPIPHANY

Meditation: May the knowledge we earn and the knowledge that is granted to us, keep us as the Wise Men were, in the knowledge and love of Our Lord and Master.

Prayer: O Queen of Consolation, may the gift of Wisdom grant us the power to see your Divine Son in all-creation, that we, as modern magi, may see His Star in the East and come to worship Him. Amen.

Fifth Joyous Mystery: THE FINDING OF JESUS IN THE TEMPLE

Meditation: Just as Mary found her lost first-born, let us feel the same fullness of heart when Christ speaks to us once again in the Holy Eucharist.

Prayer: Our Lady of Humility, give us strength and courage to persevere in the Path of Righteousness and help us to find Christ anew in the world, in the Sacrament, and in ourselves. Amen.

Sixth Joyous Mystery: THE RESURRECTION

Meditation: As in the Holy Eucharist the substance of bread and wine transcends time and space to become

His Real Presence, know that in the Holy Eucharist Christ greets us again as He did His followers at the first Easter.

Prayer: O Lady of Triumph, send your angels to raise our hearts and let us feel the same joy which you felt-when you were greeted that Easter morn by Him Who was both your Son and Master. Amen.

Seventh Joyous Mystery: THE ASSUMPTION & CORONATION OF OUR LADY

Meditation: Through her Assumption, Mary reveals to us the Christ-life we all seek and shows us that where she walks, we too will walk as we ask her guidance.

Prayer: Holy Lady Mary, Queen of Angels, help us so to order our lives that we like you may serve the Lord Jesus Christ and the Holy Ones as we continue on the Path which leads to the Throne of God. Amen.

Final Prayers (on the centerpiece)

Hail Holy Queen, Mother of Love! Our life, our sweetness, our Holy Lady Mary! To thee do we sing, to thee do we lift up our hearts. Turn, then, most gracious Mother, thine eyes of understanding toward us; and lead us unto the blessed Fruit of thy womb, Jesus; O clement, O loving, O sweet Virgin Mary.

O God, whose alone-begotten Son, by His eternal life, death, and resurrection, has shown the gnosis of the mystical life, grant, we beseech Thee, that meditating upon these Mysteries in Our Lady's Rosary of the Seven Rays, we may imitate what they contain and obtain what they promise: through the same Christ our Lord. Amen.

To complete recite two final repetitions of the Ave Maria, to seal.

“Incense and burning herbs have been used for thousands of years in almost every culture to invoke gods to support meditation and connecting to divinity, for healing and for medicinal purposes.”

